



18<sup>TH</sup> ANNUAL MEETING

*of the*

# Korean American Spine Society

**JULY 6-8, 2023**

■ NAPA VALLEY, CALIFORNIA NAPA VALLEY, CALIFORNIA ■

## PRESIDENT



Tom Cha,  
MD, MBA

## CO-CHAIRS



Raymond  
Hah, MD



Daniel  
Kang, MD



The Meritage Resort and Spa | Napa, California

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The Meritage Resort and Spa

NAPA VALLEY, CALIFORNIA NAPA VALLEY, CALIFORNIA



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**EDUCATIONAL OBJECTIVES**



As a result of this activity, the participant should be better able to:

- Debate current controversies in spine surgery
- Discuss the latest advances and best practices in the surgical management of degen lumbar conditions, cervical pseudarthrosis, and other common conditions
- Evaluate the pros and cons of ambulatory surgery centers, robotics, and other new technologies and models of spine care
- Discuss ways to maintain and enhance surgeon health in the midst of time constraints and financial challenges.

**Why Attend Kass?**

- New format for more interactive, peer-to-peer education
- Honest debates and discussions of controversies and complications
- Real-world advice on surgical practice settings, surgeon health, ASCs, and technology
- Time for social connections and family relaxation in a beautiful setting
- New Young Surgeon Grant program includes podium presentation, travel grant, free registration, and subsidized hotel.

**100%**

of 2022 KASS Attendees said that the course content would help improve patient care and provided new ideas or information they expected to use in practice.



**Past Attendees Say:**

*“Very high yield meeting”*

*“Informative and knowledgeable speakers”*

*“Outstanding in scope and depth”*

**CONFIRMED SPEAKERS**

**PRESIDENT:**

**Tom Cha, MD, MBA**

John Chi, MD, MPH

Samuel Cho, MD

Andrew Chung, MD

Woosik Chung, MD

Choll Kim, MD

Esther Kim, MD

Han Jo Kim, MD

Jin-Sung (Luke) Kim, MD

Kee Kim, MD

Brian Kwon, MD

Andrew Lee, MD

Rex Marco, MD

James Mok, MD, MBA

Michael Oh, MD

Daniel Park, MD

Don Park, MD

Jeff Roh, MD

Rob Ryu, MD

Stephen Ryu, MD

W. H. Andrew Ryu, MD, MSc, MTM

Kevin Swong, MD

Kevin Yoo, MD

**CO-CHAIRS:**

■ **Raymond Hah, MD**

■ **Daniel Kang, MD**

**GUEST SPEAKERS:**

■ **Serena Hu, MD**





## MISSION

KASS's founding surgeons, Casey K. Lee, MD, Howard S. An, MD, and Hae-Dong Jho, MD, PhD, formed the society to share their passion for spine care, as well as to promote and share their passion for their culture. KASS's mission is to further spine care through social, academic, and cultural exchange.

## KASS BOARD OF DIRECTORS

**Tom Cha, MD, MBA**  
PRESIDENT

**Esther Kim, MD**  
SECRETARY

**Rex Marco, MD**  
MEMBER AT LARGE

**John Chi, MD**  
PRESIDENT-ELECT

**Raymond Hah, MD**  
MEMBER AT LARGE

**James Mok, MD, MBA**  
IMMEDIATE  
PAST PRESIDENT

**Don Park, MD**  
TREASURER

**Daniel Kang, MD**  
MEMBER AT LARGE

## PROGRAM CO-CHAIRS

- > Raymond Hah, MD
- > Daniel Kang, MD



## NEW! Young Surgeon Grants Available

### Submit Your Abstract for the Opportunity to Present from the Podium and Receive a Young Surgeon Grant

Residents, fellows, and early-career surgeons (within first five years of practice) are invited to submit abstracts for presentation at KASS 2023. The ten best papers will be selected for podium presentation at the meeting and the presenting authors will be eligible to receive a Young Surgeon Grant.

#### INSTRUCTIONS:

1. Submit an abstract as a Presenting Author by **April 19, 2023**.
2. If accepted, attend the meeting and present your paper from the podium.
3. Attend an industry-supported young surgeon dinner on Thursday, July 6 and the industry talks on Friday and Saturday.

#### APPROVED GRANT RECIPIENTS WHO MEET THE ABOVE CONDITIONS WILL RECEIVE:

- Complimentary registration
- \$500 grant for travel expenses
- 50% off their hotel stay at the Meritage



Submit at  
**kassmd.org**

**Submissions are welcome on any topic related to treatment of spinal disorders.**

**SPREAD THE WORD** to your colleagues: Applicants need not be KASS members or of Korean heritage.

#### TIMELINE | 2023

<b>April 26</b>	<b>May 10</b>	<b>June 6</b>
Submission Deadline	Notifications Sent	Presenter Registration Deadline

# SCHEDULE AT A GLANCE

## THURSDAY, JULY 6, 2023

1:30 pm	Registration and Corporate Meet & Greet					
2:00	<b>SESSION 1</b> (CME-accredited) <b>Early Practice—The Pros and Cons of Different Practice Settings</b> <ul style="list-style-type: none"> <li>▪ Academic</li> <li>▪ Private Practice</li> <li>▪ Employed Position</li> <li>▪ Important Considerations in Contract Negotiation</li> <li>▪ Lessons Learned from My First Job</li> </ul>					
3:10	Refreshment Break and Corporate Meet & Greet					
3:30	<b>SESSION 2</b> <table border="0" style="width: 100%;"> <tr> <td style="vertical-align: top; width: 50%;"> <b>Surgeon Health</b> <ul style="list-style-type: none"> <li>▪ Lessons in Financial Health for Young Surgeons</li> <li>▪ Work-life Balance of a Spine Surgeon</li> <li>▪ Avoiding Malpractice Claims and Managing Difficult Patients</li> <li>▪ The Importance of Social and Professional Networks</li> <li>▪ Panel Discussion</li> </ul> </td> <td style="vertical-align: top; width: 50%;"> <b>Panel Discussion—Complication Management</b> <ul style="list-style-type: none"> <li>▪ Persistent or New Radiculopathy after Indirect Decompression</li> <li>▪ Persistent Leak after What I Thought Was a Good Repair</li> <li>▪ Microdiscectomy Gone Bad</li> </ul> </td> </tr> <tr> <td colspan="2" style="text-align: center;">Rapid Fire Abstracts with Discussion</td> </tr> </table>		<b>Surgeon Health</b> <ul style="list-style-type: none"> <li>▪ Lessons in Financial Health for Young Surgeons</li> <li>▪ Work-life Balance of a Spine Surgeon</li> <li>▪ Avoiding Malpractice Claims and Managing Difficult Patients</li> <li>▪ The Importance of Social and Professional Networks</li> <li>▪ Panel Discussion</li> </ul>	<b>Panel Discussion—Complication Management</b> <ul style="list-style-type: none"> <li>▪ Persistent or New Radiculopathy after Indirect Decompression</li> <li>▪ Persistent Leak after What I Thought Was a Good Repair</li> <li>▪ Microdiscectomy Gone Bad</li> </ul>	Rapid Fire Abstracts with Discussion	
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Rapid Fire Abstracts with Discussion						
5:30	Welcome Reception					

## FRIDAY, JULY 7, 2023

7:00 am	Breakfast and Corporate Meet & Greet			
7:30	<b>SESSION 3: The Future of Spine Surgery</b> (CME-accredited) <table border="0" style="width: 100%;"> <tr> <td style="vertical-align: top; width: 50%;"> <b>Ambulatory Spine Surgery Symposium</b> <ul style="list-style-type: none"> <li>▪ What is the Ambulatory Surgery Center Model?</li> <li>▪ Ideal Patient Selection</li> <li>▪ Lumbar Fusion in the Ambulatory Surgery Center</li> </ul> <b>Endoscopic Symposium</b> <ul style="list-style-type: none"> <li>▪ Full Endoscopy: What Are the Challenging Cases with Full Endoscopy?</li> <li>▪ Full Endoscopy: Is It the Ideal Way of Treating Thoracic Disc Herniations?</li> <li>▪ Full Endoscopy: What Is the Best Application in My Hands?</li> <li>▪ Biportal Endoscopy: How Did I Get Started and Navigate the Learning Curve?</li> <li>▪ Biportal Endoscopy: When Do I Do Full vs. Biportal Endoscopy?</li> </ul> </td> <td style="vertical-align: top; width: 50%;"> <b>Value and Technology in Spine Surgery</b> <ul style="list-style-type: none"> <li>▪ A Fee for Service Model is Not Sustainable</li> <li>▪ Cost Stewardship in Biologic Selection</li> <li>▪ The Real Cost of New Technology</li> <li>▪ Predictive Analytics/AI</li> <li>▪ Robotics and Patient Specific Technology</li> </ul> </td> </tr> </table>		<b>Ambulatory Spine Surgery Symposium</b> <ul style="list-style-type: none"> <li>▪ What is the Ambulatory Surgery Center Model?</li> <li>▪ Ideal Patient Selection</li> <li>▪ Lumbar Fusion in the Ambulatory Surgery Center</li> </ul> <b>Endoscopic Symposium</b> <ul style="list-style-type: none"> <li>▪ Full Endoscopy: What Are the Challenging Cases with Full Endoscopy?</li> <li>▪ Full Endoscopy: Is It the Ideal Way of Treating Thoracic Disc Herniations?</li> <li>▪ Full Endoscopy: What Is the Best Application in My Hands?</li> <li>▪ Biportal Endoscopy: How Did I Get Started and Navigate the Learning Curve?</li> <li>▪ Biportal Endoscopy: When Do I Do Full vs. Biportal Endoscopy?</li> </ul>	<b>Value and Technology in Spine Surgery</b> <ul style="list-style-type: none"> <li>▪ A Fee for Service Model is Not Sustainable</li> <li>▪ Cost Stewardship in Biologic Selection</li> <li>▪ The Real Cost of New Technology</li> <li>▪ Predictive Analytics/AI</li> <li>▪ Robotics and Patient Specific Technology</li> </ul>
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10:20	Refreshment Break and Corporate Meet & Greet			
10:50	<b>SESSION 4</b> (Non-CME) <i>Note: Session 4 &amp; 5 are planned by the program chairs, but not counted in CME hours</i> <ul style="list-style-type: none"> <li>▪ Panel: What I Do Now That I Didn't Do in Fellowship</li> <li>▪ Non-CME Talks from Corporate Supporters</li> <li>▪ Panel: Leadership in Spine</li> <li>▪ Welcome New Members</li> <li>▪ Presidential Address   Tom Cha, MD</li> </ul>			
1:00 pm	Adjourn & Optional Group Activities			
6:30	Annual Dinner			

Schedule subject to change.

## SCHEDULE AT A GLANCE

### SATURDAY, JULY 8, 2023

7:30 am	Breakfast and Corporate Meet & Greet
7:55	<p><b>SESSION 5</b> (Non-CME)</p> <ul style="list-style-type: none"> <li>▪ “How Do We Solve the Problem?” Think Tank   Small-group Discussions and Reporting</li> <li>▪ Non-CME Talks from Corporate Supporters</li> </ul> <p><b>Controversies in Spine Surgery</b></p> <ul style="list-style-type: none"> <li>▪ Lumbar Disc Replacement for Discogenic Pain</li> <li>▪ Pushing the Limit on Cervical Disc Replacement: Beyond FDA Indications</li> <li>▪ Vertebral Body Tethering Will Replace Fusion for AIS</li> <li>▪ NSAIDs after Spinal Fusion</li> </ul>
10:00	Refreshment Break and Corporate Meet & Greet
10:30	<p><b>SESSION 6</b> (CME-accredited)</p> <div style="display: flex; justify-content: space-between;"> <div style="width: 48%;"> <p><b>Cervical Pseudarthrosis</b></p> <ul style="list-style-type: none"> <li>▪ Diagnosing Pseudarthrosis of the Cervical Spine</li> <li>▪ Intraoperative Strategies to Minimizing the Risk of Pseudarthrosis</li> <li>▪ Revision Strategies for Cervical Pseudarthrosis</li> </ul> <p><b>Degenerative Lumbar Surgery Through the Eyes of a Deformity Surgeon</b></p> <ul style="list-style-type: none"> <li>▪ Degen Case with Suboptimal Pelvic Parameters</li> <li>▪ Ideal Alignment and My Approach to “Hit It” in Degenerative Pathology</li> <li>▪ The Impact of Postoperative Malignment on Long-term Outcomes</li> <li>▪ Ideal Revision Strategy for Patient with Flat L4-S1</li> </ul> </div> <div style="width: 48%;"> <p><b>Pre-Optimization of the Spine Surgery Patient</b></p> <ul style="list-style-type: none"> <li>▪ Bone Health Optimization</li> <li>▪ Understanding Physiologic Reserve: Frailty and Beyond</li> <li>▪ Optimizing Patients with Preoperative Opioid Use</li> </ul> </div> </div>
12:30 pm	Adjourn

## KASS SOCIAL EVENTS



### COURSE RECEPTION

Thursday, July 6 | 5:30-6:30 pm

Greet your colleagues, their guests, and our Annual Meeting supporters over light bites and a variety of local wines.



### ANNUAL DINNER

Friday, July 7 | 6:30-9:30 pm

The KASS Annual Dinner is a favorite for attendees and their families—featuring a guest speaker and activities for the kids. This year, we’ll meet in the candle-lit Vintner’s Room and enjoy Napa Valley specialties.



### FAMILY BREAKFASTS

Friday & Saturday | 7:30-9:00 am

Join your family for breakfast on Friday and Saturday before sessions begin. All registered guests are invited to join us on the Oakville Terrace for both healthy and indulgent choices while enjoying the California sun and breezes.

## MEETING REGISTRATION



### REGISTRATION FEES

Surgeon	\$995
Fellow/Resident	\$395
PA/APN/Allied Health	\$395
Late Fee (After June 6)	+\$75
Adult Guests (13 yrs. +)	\$195
Child Guests (4-12 yrs.)	\$95
Child (4 yrs. & under)	\$0

Full registration address:

[broadwater.regfox.com/kass-2023](https://broadwater.regfox.com/kass-2023)

### REGISTRATION DETAILS

- Medical Attendee Registration includes all course materials, scientific sessions and workshops, Thursday reception, Friday and Saturday breakfasts, and Friday Annual Dinner.
- Guest Registration includes Thursday reception, Friday and Saturday breakfasts, and Friday Annual Dinner.
- Corporate attendees must register with Val Broyles at [vbroyles@broad-water.com](mailto:vbroyles@broad-water.com) and are limited to employees of supporting companies only.



### REGISTRATION CANCELLATION

- You may cancel your registration for a full refund in the case of documented health-related travel restrictions (from institution or state or federal government) or medical emergency.
- Cancellation for other reasons:  
Full refund less \$75 administrative fee if cancelled prior to June 6. No refunds after June 6, 2023.
- Other costs incurred by the registrant, such as airline or hotel penalties, are the responsibility of the registrant.

### QUESTIONS?

#### Contact the KASS Meeting Planning Office

c/o Broadwater  
301 S. County Farm Road, Suite L  
Wheaton IL 60187

T: (630) 681.1040

E: [amatta@broad-water.com](mailto:amatta@broad-water.com)



# HOTEL RESERVATIONS

## ROOM RATES

Meritage Guestroom	\$399*
Grand Reserve Premier Room	\$499*
Grand Reserve Signature Suite	\$549* <i>limited supply</i>

\*Plus \$35 per room per night resort fee and 15.3% tax. All room rates are for single or double occupancy; additional persons are \$30 per person per room night.

## MAKE YOUR RESERVATION

Meritage Resort & Spa

[BOOK HERE](#)

Call (866) 370-6272

Email: [reservations@meritageresort.com](mailto:reservations@meritageresort.com)

Grand Reserve

[BOOK HERE](#)

Call (888) 965-7090

NOTE: To inquire about **suites** or **pre- and post-meeting stays**, email [groupreservations@meritageresort.com](mailto:groupreservations@meritageresort.com).

By phone or email, mention the **KASS 2023** meeting to book under our group rate!

## ! DEADLINE !

It is recommended that participants book their hotel rooms as soon as possible, as space will fill rapidly. Reservations at the group rate may not be available after **June 14, 2023** or if the room block is full. The group rate applies for rooms booked up to 3 days pre/post the meeting, based on availability.



## ABOUT THE RESORT

We look forward to an elegant resort experience at the award-winning Meritage Resort and Spa and the elevated Grand Reserve at the Meritage. Our guest block offers rooms on both sides of the property. Expect warm Tuscan-inspired décor and perfectly appointed guestrooms in both locations, with Grand Reserve offering premier amenities and luxury perks.

## LOCATION

### THE MERITAGE RESORT AND SPA

875 Bordeaux Way  
Napa, CA 94558

[www.meritageresort.com](http://www.meritageresort.com) 

### MERITAGE ROOM AMENITIES:

- King or Double Queen guestroom
- Welcome bottle of wine
- Spacious natural stone bathroom
- Large flatscreen TV, desk, and minifridge
- Highspeed internet
- 24-Hour fitness studio access

### GRAND RESERVE ROOM ADDITIONAL AMENITIES:

- Pre-arrival concierge experience curation call
- Welcome glass of champagne
- The Meritage guest services Village transport
- Daily Nespresso and fresh roast coffee
- Complimentary valet parking
- Enhanced fitness class schedule

Meritage Resort & Spa



## RESORT FEATURES AND ACTIVITIES

**THE MERITAGE FEATURES** acres of sun-soaked vineyards with walking trails, multiple pools, a luxury spa, a dog park, and even six lanes of bowling at Crush Lounge. The best of Napa Valley's legendary wineries are just moments away. The Meritage Resort and Grand Reserve blend relaxed elegance with warm hospitality to bring you the ultimate Wine Country experience.

### SPA TERRA



At award-winning Spa Terra, your healing experience is heightened by wandering beneath the vineyards to experience one of the best resort spas in Napa Valley, located inside an underground Estate Cave. Relax in the hushed serenity of our unique spa setting and experience restorative treatments for total relaxation. Spa Terra welcomes guests 18 and older.

[EXPLORE AND BOOK SPA](#)

### RESORT POOLS



Lounge poolside at either the exclusive adults-only experience or create happy memories at our family-friendly pool. The Meritage's peaceful azure pools are heated to 80°F year-round. A full menu of poolside eats is available if you need a snack in the sun.

[EXPLORE POOLS](#)

### DINING



For the best in Napa Valley dining, look no further than The Meritage Resort for a selection of star-rated restaurants, bars, and tasting rooms. From Olive & Hay, offering al-fresco dining experience with chef-prepared cuisine and an award-winning wine list for an unforgettable farm-to-table meal, to Crush Lounge, specializing in craft cocktails and elevated bar food centered around the resort's six-lane bowling alley, there are dining options for everyone.

[EXPLORE DINING](#)

### TASTING ROOMS



The centerpiece of this Wine Country resort is The Village, featuring a lush lawn, encircled by tasting rooms that spotlight the best Napa Valley boutique wineries. Visit Trinitas Cellars, Gen 7 Wines, and Anarchist Wine Co., all just steps from your luxury accommodations at The Meritage.

[EXPLORE TASTING ROOMS](#)



## LOCATION AND TRAVEL

**THE MERITAGE** is located 55 miles away from San Francisco International Airport (SFO) and 60 miles away from the Sacramento International Airport (SMF). Napa Airporter offers shuttle service from Sacramento Airport (SMF); call (707) 252-1900. [View the Hotel's Travel Page.](#)



### GROUND TRANSPORTATION



Ground transportation is available through Pure Luxury Transportation, offering private sedan transfers from SFO and SMF to The Meritage starting at \$337.68, and from OAK starting at \$307.66 including baggage claim meet and greet. Book promptly after your flights are confirmed by contacting Kathleen at Pure Luxury: (800) 626-5466 or [kathleen@pureluxury.com](mailto:kathleen@pureluxury.com).

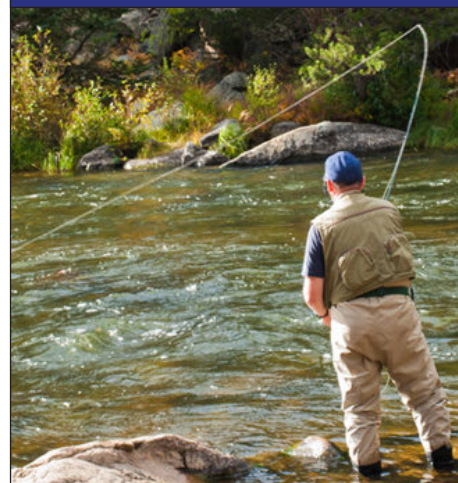
### WEATHER



Rain is extremely rare in Napa in July. Average daily highs are around 83°F. Evenings are often cool, around 60°F, so bring a sweater or two.



*Get out and enjoy the sunshine and daily highs around 83°F.*





## WHO SHOULD ATTEND?

This activity has been designed to meet the educational needs of orthopedic and neurological surgeons, fellows, and residents involved in the care of patients with spinal disorders.

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### PURPOSE OF PROGRAM

To update spine surgeons on the latest advances in spine surgery

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### JOINT PROVIDERSHIP

This program is jointly provided by Medical Education Resources, Inc., a non-profit medical education company, and the Korean American Spine Society (KASS).



JOINTLY ACCREDITED PROVIDER™  
INTERPROFESSIONAL CONTINUING EDUCATION

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### ACCREDITATION STATEMENT

In support of improving patient care, this activity has been planned and implemented by Medical Education Resources (MER) and the Korean American Spine Society (KASS). MER is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the

Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

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### PHYSICIAN CREDIT

Medical Education Resources designates this live activity for a maximum of 7.5 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

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### COMMERCIAL SUPPORT

Various medical companies have been invited to support this course. Full disclosure of financial and other support will be disclosed in the course syllabus materials.

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### DISCLOSURE OF CONFLICTS OF INTEREST

Medical Education Resources ensures balance, independence, objectivity, and scientific rigor in all our

educational activities. In accordance with this policy, MER identifies relevant financial relationships with its instructors, content managers, and other individuals who are in a position to control the content of an activity. Reported relevant financial relationships are mitigated by MER to ensure that all scientific research referred to, reported, or used in a CME activity conforms to the generally accepted standards of experimental design, data collection, and analysis. MER is committed to providing learners with high-quality CME activities that promote improvements or quality in health care and not the business interest of an ineligible company.

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### LANGUAGE

The program will be presented in English.





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**BROADWATER**<sub>LLC</sub>

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Wheaton IL 60187 USA

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