



15TH ANNUAL MEETING
of the
Korean American
Spine Society

PRESIDENT

Kevin Yoo, MD

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PROGRAM CHAIRMEN

Don Park, MD

Paul Kim, MD

Choll Kim, MD

Featuring

- » Informative and insightful CME Program
- » Engaging debates on controversies in spine surgery and surgical indications
- » Rapid-fire tech updates
- » Surgeons sharing their toughest cases and worst complications
- » New technology presentations in non-CME workshops
- » Ample time to network and enjoy the family-friendly Omni La Costa, with 4th of July activities included for our group

JOINTLY PROVIDED BY



JULY 2-4, 2020 ~ OMNI LA COSTA RESORT ~ CARLSBAD, CA



15TH ANNUAL MEETING *of the* Korean American Spine Society

EDUCATIONAL OBJECTIVES

As a result of this activity, the participant should be better able to:

- > Discuss surgical indications and decision-making for cervical, trauma, tumor, lumbar degenerative, and adult deformity conditions.
- > Evaluate the latest advances in minimally invasive spine surgery, image guidance, biologics, and new technologies.
- > Debate current controversies in spine surgery.
- > Discuss best practices in value and quality in spine surgery.

Dear KASS Colleague:

WHETHER YOU ARE A NEW MEMBER, a long-time attendee, or a member who hasn't attended in a while, I hope you recognize why KASS is always a great meeting. We share our common interests in spine surgery, in being better doctors, in honest dialogue, in networking, in learning about the latest technologies, and in our heritage.

As the President of KASS this year, I am asking for your help to make this meeting the best ever! This year's program is going to be great and will have something for everyone including wisdom from the senior members, real advice for practice, and exciting debates about the hot topics in spine surgery.

I'm thrilled to host the meeting at the Omni La Costa Resort in Carlsbad, CA. The Omni is about 30-40 minutes from the San Diego airport and just 6 miles from LEGOLAND. The resort has everything you need for a family-friendly escape, including 8 pools and 2 waterslides; a world-class spa; 36 holes of PGA golf; 17 tennis courts; a kid's club; and free beach shuttles. Extend your stay to include Saturday, July 4th and enjoy free fireworks and other Independence Day activities at the resort.

Looking forward to seeing you in southern California this July!

Kevin Yoo, MD
PRESIDENT

Don Park, MD, Paul Kim, MD, Choll Kim, MD
PROGRAM CHAIRMEN



MISSION

KASS's founding surgeons, Casey K. Lee, MD, Howard S. An, MD, and Hae-Dong Jho, MD, PhD, formed the society to share their passion for spine care, as well as to promote and share their passion for their culture. KASS's mission is to further spine care through social, academic, and cultural exchange.



CALL FOR CASES/ ABSTRACTS

- > All KASS members and interested attendees are invited to submit a case or abstract of a paper for presentation.
- > To apply, complete the form on the KASS website at www.kassmd.org/abstracts and e-mail it to klaney@broad-water.com



**SUBMISSION
DEADLINE
APRIL 6,
2020**

KASS BOARD OF DIRECTORS

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SCHOLARSHIPS FOR CURRENT & RECENT RESIDENTS / FELLOWS

- > KASS Scholarships are available for residents, fellows, and surgeons who are 3 years or less post-training.
- > To apply, follow the instructions in the **Call for Cases / Abstracts** section above & indicate your eligibility on your abstract form.
- > Scholarships will be awarded to up to 10 qualified applicants.





WHO SHOULD ATTEND?

This activity has been designed to meet the educational needs of orthopaedic and neurological surgeons, fellows, and residents involved in the care of patients with spinal disorders.

ACCREDITATION STATEMENT

This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of Medical Education Resources (MER) and the Korean American Spine Society (KASS). MER is accredited by the ACCME to provide continuing medical education for physicians.

CREDIT DESIGNATION

Medical Education Resources designates this live activity for a maximum of 14.0 *AMA PRA Category 1 Credit(s)*[™]. Physicians should only claim credit commensurate with the extent of their participation in the activity.

DISCLOSURE POLICY

Medical Education Resources ensures balance, independence, objectivity, and scientific rigor in all our educational activities. In accordance with this policy, MER identifies conflicts of interest with its instructors, content managers, and other individuals who are in a position to control the content of an activity. Conflicts are resolved by MER to ensure that all scientific research referred to, reported, or used in a CME activity conforms to the generally accepted standards of experimental design, data collection, and analysis. MER is committed to providing its learners with high-quality CME activities that promote improvements or quality in health care and not the business interest of a commercial interest.

JOINT PROVIDERSHIP

This activity is jointly provided by Medical Education Resources, Inc., a non-profit medical education company, and the Korean American Spine Society.

COMMERCIAL SUPPORT

Various medical companies have been invited to exhibit at this course. Full disclosure of financial and other types of support will be disclosed in the course syllabus materials.

SCIENTIFIC PROGRAM

THURSDAY | JULY 2, 2020

PM 12:45	Registration & Exhibits
1:15	Welcome Remarks

SESSION 1 • Cervical

1:20	CDR for Cervical Myelopathy
1:28	Anterior Cervical Foraminotomy
1:36	Discussion
	Debate: 3+ Level Disease
1:44	Multi-level CDR
1:50	ACDF
1:56	Hybrid
2:02	Discussion
2:10	Topic of Choice
2:18	Discussion

SESSION 2 • Trauma

2:28	Latest Advances in SCI Treatment
2:34	MIS in Spine Trauma
2:42	Topic of Choice
2:50	Discussion

SESSION 3 • Non-CME Workshops

3:00	Workshop #1
3:30	Workshop #2
4:00	Refreshment Break & Exhibit Viewing

SESSION 4 • Spine Tumors + Free Papers

4:30	Update on Treatment of Metastatic Spine Disease
4:38	MIS in Metastatic Spinal Cord Compression
4:46	Topic of Choice
4:54	Discussion
5:02	Free Papers
6:00-7:00	Welcome Reception in Exhibit Hall

FRIDAY | JULY 3, 2020

AM 6:30	Breakfast in Exhibit Hall
7:15	Opening Remarks

SESSION 5 • Spinal Deformity

7:20	Cervical Deformity Update
7:28	MIS in Adult Spinal Deformity
7:36	Discussion
7:44	How to Avoid Creating Deformity as Spine Surgeons
7:52	Which Comes First: the Deformity Surgery or THA Surgery?
8:00	Discussion

SESSION 6 • Real Life Issues

8:08	How to Avoid or Deal with Malpractice Lawsuits
8:16	Business Topics for Spine Surgeons to Know
8:24	Discussion
8:32	How Can Vascular Surgeons and Spine Surgeons Work Together? (Vascular Perspective)
8:40	The Spine Center of Excellence: the Role of the Spine Surgeon & the Hospital Administrator
8:48	Discussion

SESSION 7 • Non-CME Workshops

9:00	Workshop #3
9:30	Workshop #4
10:00	Refreshment Break & Exhibit Viewing

SESSION 8 • Free Papers

10:30	Free Papers
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SESSION 9 • President's Welcome and Address

10:55	Welcome New Members
11:00	Presidential Address

SESSION 10 • Managing Complications & Free Papers

11:25	What are My Worst Anterior Cervical Complications?
11:33	What are My Worst Posterior Cervical Complications?
11:41	What are My Worst Thoracolumbar Complications?
11:49	How to Deal with Osteoporosis and Fusion in the Elderly
11:57	Discussion
PM 12:10	Free Papers
12:28	Discussion
12:35	KASS Business Meeting
12:45	Adjourn
6:00	Annual Dinner

Program subject to change.

SATURDAY | JULY 4, 2020

AM 6:45	Breakfast in Exhibit Hall
7:20	Opening Remarks
SESSION 12 • Minimally Invasive Spine Surgery	
7:30	Single Position Lumbar Fusion: Fad or Here to Stay?
7:38	Is MIS TLIF Relevant or a Niche?
7:46	Discussion
7:54	Endoscopic Spine Surgery: Why Hasn't It Taken Off in the US?
8:02	Endoscopic Lumbar Fusion
8:10	Discussion
SESSION 13 • Free Papers	
8:18	Free Papers
SESSION 14 • Non-CME Workshops	
9:05	Workshop #5
9:35	Workshop #6
10:05	Refreshment Break & Exhibit Viewing
SESSION 15 • New Technologies—Shotgun Presentations	
10:25	Are All Interlaminar Devices Made Equal?
10:29	What is the Evidence on DTRAX®?
10:33	Update on SI Fusion
10:37	Discussion
10:45	Current Advances in Computer Navigation and Robotic Spine Surgery
10:49	Expandable vs. Static Technology
10:53	Update on Intradiscal Therapies (Stem Cells, BMP, PRP)
10:57	Discussion
SESSION 16 • Operative vs. Non-Operative & Free Paper Session	
11:05	Update on Spinal Cord Stimulators
11:13	Multimodal Perioperative Pain Management
11:21	Topic of Choice
11:29	Discussion
11:37	Free Papers
PM 12:28	Closing Comments & Save the Date for 2021
12:30	Adjourn
6:00	Omni La Costa 4th of July Activities

Program subject to change.

REGISTRATION

REGISTER online at <https://broadwater.regfox.com/kass2020>



REGISTRATION FEES

Surgeons	\$745
Fellows/Residents	\$245
Adult Guests (ages 13 and up)	\$145
Child Guests (ages 5-12)	\$75
Child Guests (ages 4 and under)	\$0
Late Fee (After June 1)	\$75

Medical Attendee Registration includes all course materials, scientific sessions and workshops, Thursday reception, Friday and Saturday breakfasts, and Friday Annual Dinner.

Guest Registration includes Thursday reception, Friday and Saturday breakfasts, and Friday Annual Dinner.

NOTE: Annual Meeting registration fees are combined with the KASS Annual Membership fee.



FROM AN AWARD-WINNING SPA to eight sparkling pools and two championship golf courses, Omni La Costa Resort & Spa provides a refreshing retreat any time of year. Located just north of San Diego in Carlsbad, our resort is within easy reach of beaches and popular tourist attractions. Unwind and recharge with a host of thoughtful amenities and services for a special California adventure.

LOCATION

OMNI LA COSTA RESORT

2100 Costa Del Mar Road
Carlsbad, CA 92009



HOTEL AMENITIES INCLUDE:

- > Luxury spa
- > 2 championship golf courses
- > 8 swimming pools
- > 17 tennis courts
- > 7 restaurant and dining options
- > 9,100 square foot athletic club
- > The Shops at La Costa
- > Free beach shuttle



ROOM AMENITIES INCLUDE:

- > 42" flat screen TV
- > High speed internet
- > Marble bathrooms
- > Two plush robes

ROOM RATE

\$279 per night for single/double adult occupancy, plus discounted resort fee of \$20 per night

MAKE YOUR RESERVATION

By calling **(800) 854-5000** and mentioning the group name "Korean American Spine Society" or by visiting <https://www.omnihotels.com/hotels/san-diego-la-costa/meetings/korean-american-spine-society-06302020>

! DEADLINE !

It is recommended that participants book their hotel rooms as soon as possible, as space will fill rapidly. Reservations at the group rate may not be available after June 10, 2020 or if the room block is full. The group rate applies for rooms booked up to 3 days pre/post the meeting, based on availability.

RESORT ACTIVITIES



GOLF | Explore the same courses graced by PGA legends like Tiger Woods, Jack Nicklaus, and Phil Mickelson. Omni La Costa Resort & Spa features 36 holes across two championship-quality courses.



SPA

Find both an inner and outer glow with The Spa at La Costa, offering facials, manicures, massages, pedicures, salon services, and more.



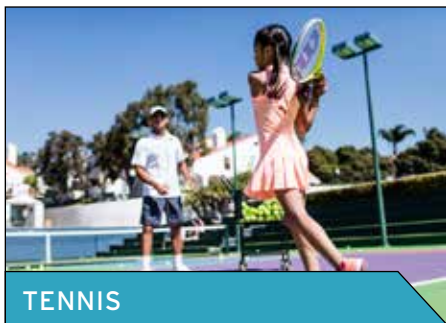
WEEKLY ACTIVITIES

Enjoy a curated list of weekly activities hosted by the Omni. Activities may include Aqua Zumba, Tennis 101, Chopra Yoga, s'mores, and more.



POOLS

Omni La Costa features some of the best water activities in San Diego. With eight different pools, the options are never ending.



TENNIS

Swing into action on one of 17 hard and clay courts, including seven lighted courts for night play. Lessons and clinics are available.



SHOPS

Guests can explore great specialty shopping at the resort. Shops include La Costa Sport, Golf & Active Wear, Marketplace, Spa Boutique, Audrey's Boutique, Lilly Pulitzer, LiveWell Boutique, Coastal Dunes and the Tennis Pro Shop.



KIDTOPIA KIDS CLUB

Let the kids have their own fun with hands-on play equipment, arts and crafts activities, movie nights and more. A nursery program takes care of children from 6 months to 3 years of age.

LOCAL ATTRACTIONS



LEGOLAND (6 miles)

LEGOLAND is San Diego County's most popular local attraction, selling more tickets than SeaWorld, San Diego Zoo and San Diego Safari Park. Guests from across the country love to visit LEGOLAND's theme park and 3-D movie set. LEGOLAND offers more than 60 interactive rides, shows and attractions, as well as restaurants and shopping. There are more than 30,000 LEGO models in the park created from more than 62 million LEGO bricks. www.legoland.com



BIRCH AQUARIUM (19 miles)

See more than 5,000 fish in 60+ habitats plus a museum featuring cutting edge research from Scripps Institution of Oceanography, UC San Diego. Take in spectacular panoramic ocean views, get hands on with interactive activities, see a feeding, and dive deeper into the world under, in, and above the oceans. <https://aquarium.ucsd.edu>



SEAWORLD ADVENTURE PARK
(27.5 miles)

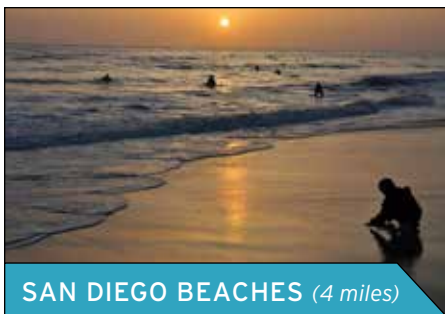
Experience thrilling rides inspired by the force and power of the sea. Enjoy fabulous, family-friendly shows and presentations. Explore beautiful aquariums, visit sea animals and much more! www.seaworld.com/san-diego



SAN DIEGO ZOO & SAFARI PARK (30 miles)

Don't miss the most visited zoo in the United States, home to more than 3,500 animals and a pioneer in the concept of open-air, cageless exhibits that re-create natural animal habitats. Fun for all ages, with animal shows, Skyfari® Aerial Tram, botanical tours, animal encounters, play areas, and more. Consider adding on tickets to the Safari Park (sdzsafaripark.org) zoo.sandiegozoo.org

OUTDOOR ACTIVITIES



SAN DIEGO BEACHES (4 miles)

There are more than 10 beautiful, sandy beaches to explore in the San Diego area. Read about the different options here: <https://www.omnihotels.com/hotels/san-diego-la-costa/things-to-do/area-attractions/san-diego-beaches>



BATIQUITOS LAGOON BIRDWATCHING (4 miles)

Batiquitos Lagoon is a coastal wetland north of San Diego between the cities of Carlsbad and Encinitas. It is one of the few remaining tidal wetlands on the southern California coast of the United States. The area is run by the California Department of Fish and Wildlife as a nature reserve and is designated a Marine Protected area. <http://www.batiquitosfoundation.org>



AGUA HEDIONDA LAGOON & DISCOVERY CENTER (7 miles)

The 400-acre Agua Hedionda Lagoon is one of the threatened coastal wetlands on the Southern California coastline. Draining 135,000 acres in the heart of the burgeoning metropolitan area of San Diego's north county, the Lagoon watershed is a sensitive and vital ecosystem. It is home to juvenile fish, crabs, and hundreds of species of marine life and waterfowl, including an array of threatened and endangered species. It also provides a much-needed respite for migrating birds. The Discovery Center features exhibits such as a reptile room, aquariums, and a native plant garden. <https://www.aguahedionda.org/discovery-center>

QUESTIONS?

Contact the KASS Meeting Planning Office

c/o Broadwater
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Wheaton IL 60187

T: 630.681.1040
F: 1.630.682.5811

E: klaney@broad-water.com



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BROADWATER_{LLC}

301 S. County Farm Rd., Suite L
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